

ORIGINAL BALTI DISHES

ORIGINAL BALTI Chicken or Lamb	£6.95
CHILLI BALTI Chicken or Lamb, fresh chillies	£6.95
SAAGWALLA BALTI Chicken or Lamb with spinach	£6.95
MUSHROOM BALTI Chicken or Lamb	£6.95
MOGUL BALTI Chicken or Lamb. Cooked with spicy minced meat, tomatoes in a special sauce	£7.95
PRAWN BALTI	£6.95
INDECISIVE BALTI A combo special	£7.95
TAMARIND BALTI Chicken or Lamb, Fruity, tangy flavoured sauce	£6.95
KING PRAWN BALTI	£8.95

BIRIYANI DISHES

A traditional dish. Stir fried with basmati rice and spices, garnished and served with a side vegetable curry.

CHICKEN OR LAMB TIKKA	£9.95
CHICKEN, LAMB, DUCK or PRAWN	£8.95
KING PRAWN BIRIYANI	£10.95
MANGO HOUSE BIRIYANI Prawn, chicken, meat and omelette ..	£10.95

STEAK SPECIALITIES

ENGLISH STEAK prime sirloin char grilled to perfection and served with chips and fresh salad	£10.95
TANDOORI STEAK Marinated in Tikka Massala sauce	£10.50
STEAK PASSANDA With Nuts, raisins, yoghurt's and cream	£10.50
MANGO HOUSE STEAK Korma, Madras, Vindaloo to your taste	£10.50
STEAK IN PEPPERED SAUCE	£10.50
ROAST CHICKEN AND CHIPS	£8.95
SCAMPI & CHIPS	£8.95
CHICKEN NUGGET'S & CHIPS	£8.95

Indian Classic Dishes

	CHICKEN OR LAMB	CHICKEN OR LAMB TIKKA	KING PRAWN	FISH	DUCK	VEGETABLE
TIKKA MASSALA	£5.95	£5.95	£8.95	£8.95	£8.95	£4.95
KORMA Mild creamy with coconut and almond	£4.95	£5.95	£8.95	£8.95	£8.95	£4.95
MADRAS Fairly hot	£4.95	£5.95	£8.95	£8.95	£8.95	£4.95
VINDALOO Very hot	£4.95	£5.95	£8.95	£8.95	£8.95	£4.95
JALFREZI Hot, chillies, jalapenos, garlic, very spicy	£4.95	£5.95	£8.95	£8.95	£7.95	£4.95
MEDIUM	£4.95	£5.95	£8.95	£8.95	£7.95	£4.95
DHANSAK Hot , sweet & sour thick with lentils	£4.95	£5.95	£8.95	£8.95	£7.95	£4.95
BHUNA Rich, dry, garlic, thick sauce	£4.95	£5.95	£8.95	£8.95	£7.95	£4.95
PATHIA Hot, sweet & sour onions, tomatoes, lemon, relish	£4.95	£5.95	£8.95	£8.95	£7.95	£4.95
DUPIAZA Onions, green pepper rich in a thick sauce	£4.95	£5.95	£8.95	£8.95	£7.95	£4.95
ROGON Tomatoes, coriander, garlic in a thick sauce	£4.95	£5.95	£8.95	£8.95	£7.95	£4.95
MALAYA Mild-Medium pineapple/cream	£4.95	£5.95	£8.95	£8.95	£7.95	£4.95
KASHMIR Mild-Medium lychees	£4.95	£5.95	£8.95	£8.95	£7.95	£4.95



WHAT'S HOT IS HOT!

From hot to fire cracker hot dishes are prepared using fresh chillies, jalapenos and peppers that are burning up taste buds around the world. These dishes are a must for the chilli freaks. Choice of Chicken, lamb or prawns.

CHILLI TIKKA MASSALA

£7.95

TIKKA JALFREZI EXTRA Like a Jalfrezi

but much hotter

£7.95

DHANSAK EXTRA Like a Dhansak cooked with lentils but again much hotter

£7.95

CEYLON A hot Sri-Lankan special with coconut ..

£7.95

PHALL An extremely hot dish prepared extensively with ginger and lemon juice and a large quantity of chillies

£7.95

Britain's most favourite curries modified with rich chillies, extra hot herbs & spices for the chilli freaks. "Superb taste"

CHICKEN/ LAMB CHILLI MADRAS ..

£7.95

CHICKEN/ LAMB CHILLI VINDALOO ..

£7.95

MANGO HOUSE RESTAURANTS MAGOR . CARDIFF . CEFN COED

Nominated for best restaurant in Gordon Ramsay's new production 'RAMSEYS BEST RESTAURANT'

Nominated in prestigious Award Newby of London House of Parliament by Jessica Morden MP
THE ONLY WELSH RESTAURANT IN THE FINAL

Winner for official Cardiff Curry 2008 as shown on ITV

9/10 The Mango House is an experience to be savoured
'WESTERN MAIL'

Recommended by *BBC eating out guide*
Recommended by *GOURMET SOCIETY*



Mango House

visit our website for further info & offers

www.mangohouse.co.uk



NAAN BREADS

MANGO HOUSE NAANS (to share) This naan is made with a choice of keema, peshwari, garlic or vegetable

£6.95

TRADITIONAL NAANS

Choice of plain, keema, peshwari, garlic or vegetable

£2.50

ONION GARLIC NAAN

£2.90

CHILLI NAAN

£2.90

MIXED TIKKA NAAN

£7.95

ALOO CORIANDER NAAN

£2.90

RICE DISHES

All below are made from quality aromatic basmati rice

MANGO HOUSE SPECIAL FRIED RICE With chick peas and onions

£2.70

SPECIAL FRIED RICE With green peas, onion and egg ..

£2.70

FRIED RICE Choice of mushroom, keema or egg

£2.70

HALF PLAIN RICE AND HALF CHIPS

£2.90

PILAU RICE OR PLAIN RICE

£2.50

LEMON RICE

£2.70

GARLIC RICE

£2.70

ALMOND RICE

£2.70

COCONUT RICE

£2.70

ONION RICE

£2.70

KEEMA RICE

£2.70

SIDE DISHES

These enhance the flavour of your main course, Highly recommended. Choose any and taste the difference.

MANGO HOUSE MASSALA BHAJI

£2.95

MUSHROOM OR CAULIFLOWER BHAJI

£2.95

AUBERGINE OR SPINACH BHAJI

£2.95

SAAG ALOO OR BOMBAY ALOO OR ALOO GOBI

£2.95

VEGETABLE BHAJI

£2.95

ALOO CHANNA chick peas and potatoes

£2.95

TARKA DHAL

£2.95

CHANNA BHAJI

£2.95

CHAPPATI

£0.95

RAITHA Yogurt with cucumber and onions

£2.95

CHIPS

£1.80

PARATHA

£2.50

PLAIN OR MASSALA PAPPADAMS

£0.50

HOT PICKLE TRAY

£2.50

CHUTNEY TRAY

£2.50

Take Away Menu



The Art of Cooking HOME OF INDIAN & BENGALI CUISINE

MANGO HOUSE

• CARDIFF •

INDIAN RESTAURANT
GRAND HOTEL
WESTGATE STREET
CF10 1DD

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02920 23 22 66

MANGO HOUSE

• MAGOR •

INDIAN RESTAURANT
GLENROY HOUSE
MONMOUTHSHIRE
NP26 3HY

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MANGO HOUSE

• CEFN COED •

INDIAN RESTAURANT
91 HIGH STREET
MERTHYR TIDFIL
CF48 2PN

TEL.: 01685 388005

Award Winner - Restaurant of the Year

"9/10. The mango house is an experience to be savoured.
"Western Mail"

www.mangohouse.co.uk

email: reservations@mangohouse.co.uk

Join the Mango House Club - Text "Mango club start" to 60300

Gift Vouchers Available

Order online with www.hungryhouse.co.uk

MANGO HOUSE APPETISERS

TANDOORI MIXED GRILL (To Share)	
chefs choice of meat selection.	£5.50
TANDOORI LAMB CHOPS Pieces of chops marinated in tender tandoori sauce. Served with tamarind yogurt sauce.	£3.10
LAMB OR CHICKEN TIKKA	£2.95
TANDOORI CHICKEN ¼	£2.95
WINGS OF INDIA Marinated wings served with BBQ, mango or relish sauce	£2.95
SHEEK KEBAB Cooked in a clay oven on skewers	£2.95
SHAMEE KEBAB Spicy minced lamb platters shallow fried with omelette	£2.95
CHICKEN OR LAMB CHILLI CHAT Chilli freak special	£2.95
KEEMA DILPASANDA Tandoori baked potato served with spiced minced lamb	£2.95
CHICKEN OR LAMB CHAT Served spicy 'n' sour	£2.95
CHICKEN OR LAMB PASSANDA Mild creamy sauce	£2.95
CHICKEN SAMOSA / MEAT	£2.95
CHICKEN POKORA Chicken pieces covered in flour & egg coating. Served with mango or barbecue sauce	£2.95

CHICKEN/ LAMB CHAT PUREE ROLL	
Chicken/ Lamb cooked in light tikka & chat sauce. Served with a puree (bread)	£3.10
SHEEK KEBAB ROLL Traditional mince cooked in tikka paste served with fried onions & peppers wrapped in a puree bread	£3.10

MANGO HOUSE SPECIAL

A FEAST FOR FOOD LOVERS!
A delicious full menu specially prepared for two or four persons. Poppadams and chutney, Mango House Tandoori Mixed Grill, Chicken Balti, Lamb Saagalla served with Pillau Rice, Naan and a choice of selected desserts.
FOR TWO £35.95
FOR FOUR £58.95

MANGO CHEFS SPECIAL

A delicious full menu specially prepared for two or four persons. Poppadams and chutney, Balti Chicken Massala, Chicken Jalfrezi, Mushroom Bhajee, served with Pillau Rice, Naan and a choice of selected desserts.
FOR TWO £33.95
FOR FOUR £59.95

FREE MAIN COURSE

with Super Sunday - Monday

when a second main course of equal or greater value is purchased, excludes king prawns and steak dishes
*Offer valid on reservations only and must be presented at time of ordering.

DELIVERY SPECIAL

Meal for 2 for £18 Delivered

*within 3 miles radius Sunday to Friday.
Includes 2 traditional curries and 2 rice or chips, traditional naan bread, popadoms & chutneys. (excludes king prawn and steak dishes)

* Delivery Special and Super Sunday Monday offer inc t&c subject to availability and not available on Special Event Days

SEA FOOD APPETISERS

THAL PRAWNS with mushrooms in seafood sauce	£3.20
PRAWN COCKTAIL	£3.90
PRAWN PURI Light fried roti with spicy prawns	£3.90
KING PRAWN BUTTERFLY King Prawn spicy batter	£3.90
FISH TIKKA Marinated cod barbecued in clay oven	£3.90
GARLIC KING PRAWN Whole king prawn prepared in a garlic and coriander sauce	£3.90
KING PRAWN SUCCA Whole king prawn served in a rich, tangy tamarind sauce	£3.90

VEGETARIAN APPETISERS

ONION BHAJI	£2.75
MUSHROOM BHAJI	£2.75
CAPSICUM BHAJI	£2.75
VEGETARIAN SAMOSA	£2.75
VEGETABLE DILPASANDA Tandoori baked potato served with mixed vegetables	£2.75
GARLIC MUSHROOMS	£2.75
ALOO CHAT Potatoes served spicy 'n' sour	£2.75
CHANNA ALOO CHAT Chick peas & potatoes served in a dry chaat sauce.	£2.75
GOBI POKORA Cauliflower served in flour and egg coating	£2.75

VEGETARIAN SPECIAL'S

MANGO HOUSE VEGETABLE BALTI SPECIAL Exotic vegetables marinated in a rich spicy sauce.	£4.95
VEGETABLES IN TAMARIND SAUCE A delicious dish prepared with various vegetables served in a rich fruity sauce.	£4.95
CHANNA BIRIYANI Chick peas & onions cooked with basmati rice and herbs accompanied with a separate vegetable sauce.	£7.95
VEGETABLES IN HONEY BALTI SAUCE Various vegetables in a rich authentic honey balti sauce.	£4.95
VEGETABLES IN COCONUT & ALMOND SAUCE Traditional vegetables cooked with sliced coconut and almonds in a very rich sauce.	£4.95
CHANNA DHANSK Hot sweet 'n' sour chick peas and lentils.	£4.95
BALTI DHAL WITH POTATOES Peeled potatoes, grated fresh ginger, garlic tomatoes, ground tumeric cooked in a delicious lentil sauce	£4.95
VEGETABLE HANDI vegetables cooked in a unique richsauce with a distinctive taste and aroma., Chef's recommendation	£4.95
SOBZI METHI Vegetable and fenugreek leaves, a little bitter and naturally scented (medium or hot)	£4.95
SOBZI JEERA Whole jeera, cumin seeds, tomato, capsicum, onions.	£4.95
SAAGWALLA PANEER Homemade cottage cheese and spinach, stir fried with herbs and spices	£4.95
VEGETABLE BIRIYANI	£7.95
CHANNA ALOO SAAGWALLA Chick peas, potatoes, spinach, stir fried balti style	£4.95
VEGETABLE REZALA Vegetables cooked in green chillies with a rich unique sauce. Served with rice. Explore your taste buds!	£4.95



SEAFOOD SPECIALS

ALL DISHES SERVED WITH RICE OR NAAN BREAD

BALTI TIGER PRAWNS WITH MUSHROOMS Tomato based sauce with fresh tiger prawns, green peppers, onions and herbs Served with pilau rice.	£9.95
TIGER PRAWN ALOO Fresh tiger prawns, peeled potatoes in a rich bhuna sauce.Served with pilau rice.....	£9.95
KORRAI JINGA King prawn slightly hot, wholesome dish well cooked in thick gravy, enriched with various spices.	£9.95
SAAG KING PRAWNS Prepared with spinach & garlic, tomatoes. Simply mouth-watering. Served with pilau rice or naan bread.“chefs Recommendation”	£9.95
GARLIC KING PRAWN HANDHI Cooked in natural herbs & fresh garlic spicy rich sauce. Served with pilau rice or naan bread.	£9.95
KING PRAWN REZALA Classic favourite cooked in onion tomatoes, lime, fresh chillies & yogurt. Served with pilau rice or naan bread. A selection of dishes prepared with our very own recipes of herbs and spices, marinated for at least 24 hours, barbecued in our flaming tandoori and then individually cooked to your taste.	£9.95
TANDOORI KING PRAWNS SHASHLEK (Served with naan) A gorgeous dish which is celebrated as the meal for the royals. Large prawns firstly barbecued in a clay oven with tomatoes, onions and peppers served on a sizzling platter. A must have meal, a absolute beauty.	£10.95
TANDOORI KING PRAWN METHI (Rice or naan) This dish is full of flavour from the east. Large prawns prepared in the clay oven then placed in a very rich sauce. Mind blowing. Will not disappoint.	£9.95
TIGER PRAWN MASSALLA Large tiger prawns cooked with mild herbs and pistachio nuts and almonds marinated in tikka massala sauce, served with rice or naan	£9.95
TANDOORI KING PRAWN MASSALA	£9.95

HOUSE SPECIAL

ALL DISHES SERVED WITH RICE OR NAAN BREAD

MANGO HOUSE MASSALA (Incl Rice or Naan) Fillet of chicken with mince filling (Lovely)	£8.95
KORRAI Chicken or Lamb. (Incl Rice or Naan) A slightly hot Pakistani special, wholesome dish well cooked in thick gravy, enriched with various spices	£8.95
MANGO KOFTA BHUNA (Incl Rice or Naan) A medium dish cooked with fillet chicken in a spicy mince meat filling, rich thick garlic & coriander sauce. One of the finest dishes.	£8.95
DUCK ROHAN (Incl Rice or Naan) Duck breast cooked in a spicy bhuna	£8.95
DUCK MASSALA (Incl Rice or Naan) Duck breast cooked in a mild massala sauce	£8.95
CHICKEN BREASTS WITH MANGO SAUCE (Incl Rice or Naan) Served mild in a sweet mango sauce. “House Recommendation”	£8.95
HANDHI CHICKEN, LAMB OR PRAWN (Incl Rice or Naan) Medium with Various Herbs MUST TRY	£8.95
MARINATED TANDOORI DISHES (Incl Rice or Naan) TIKKA MAKHANI Mild with nuts and raisins in Thayers Cream	£8.95
BUTTER SUPREME (Incl Rice or Naan) Chicken or Lamb Marinated in butter and spices with Thayers fresh cream	£8.95
FRESH CREAM PASSANDA (Incl Rice or Naan) Chicken or Lamb. In yogurt and Thayers cream mildly spiced with nuts and raisins	£8.95
ANAR KALI BAHAR (Incl Rice or Naan) Boneless spring chicken with onions,lightly sweetened in a thick mild sauce	£8.95
TANDOOR CHICKEN REZALA (Incl Rice or Naan) Marinated Chicken slices cooked with fresh green chillies in a hot, rich and dry special sauce. This has a marvellous aroma	£8.95
JEERA CHICKEN (Incl Rice or Naan) Prepared with whole jeera, cumin seeds, tomato, capsicum, onions and fresh coriander with a variety of traditional herbs	£8.95
ACHARI CHICKEN OR LAMB (Incl Rice or Naan) Achari is the Indian word for, 'pickling spices' which flavour the marinade. This traditional dish is prepared in chilli pickle, ginger and mustard and mixed spice, a taste of original and authentic Indian food. Fairly hot.....	£8.95
METHI CHICKEN/LAMB or PRAWNS (Incl Rice or Naan) Fenugreekleaves with thick sauce enriched with mixed spices.	£8.95
GARLIC CHILLI CHICKEN/LAMB or PRAWN (Incl Rice or Naan) Marinated in garlic & fresh chilli, Jalapeno coriander & herbs.....	£8.95
ALOO LAMB/CHICKEN (Incl Rice or Naan) Spicy potatoes with tender poultry cooked in coriander and tomatoes	£8.95
CHANNA CHICKEN/ LAMB OR PRAWN (Incl Rice or Naan) Chick peas prepared in tumeric, mixed spices & cumin seeds in a rich sauce. Served with pillaw rice or naan bread	£8.95
OKRA LAMB/ CHICKEN OR PRAWN (Incl Rice or Naan) Known as ladies fingers, This dish is cooked with a unique vegetable in a rich traditional sauce.	£8.95

LAMB KEEMA & PEAS CURRY (Incl Rice or Naan) A homemade favourite. Mince lamb cooked in a rich medium sauce with tomatoes, onions, peppers, mustard & peas. “Delightful” **£8.95**

MANGO HOUSE WRAPPER (Incl Rice or Chips) Chefs choice of spiced wrapped in a puree bread served with a sauce MUST TRY **£8.95**

MANGO PERI PERI (Incl Salad, Rice or Nan) Medium/ Hot . **£8.95**

BALTI PIYAZ CHICKEN/ LAMB (Incl Rice or Naan) Very rich tomato based sauce cooked with peppers & onions with chef's special blend of secret herbs. “House Recommendation” **£8.95**

LAMB KEEMA & PEAS BIRAYANI (Incl Rice or Naan) Mince lamb stir frywith basmati rice and medium spices. Garnished & served with a vegetable curry. **£8.95**

CHICKEN/LAMB OR PRAWN WITH ACHAR SAUCE (Incl Rice or Naan) This dish not only tastes great but also looks very colourful cooked with coriander, lime, ginger, garlic, fresh peppers in a rich sauce. Medium or hot. **£8.95**

CHICKEN/LAMB OR PRAWN IN JALAPENO SAUCE (Incl Rice or Naan) prepared in a rich sauce including jalapeno peppers tomatoes, tumeric, fresh garlic, ginger and garam masala. ‘Try it’ Medium to hot **£8.95**

CHICKEN/LAMB OR PRAWN WITH SPINACH & MUSHROOMS (Incl Rice or Naan) A popular dish amongst the new generation of curry eaters. Cooked with spinach & mushrooms with a rich traditional garlic and coriander sauce. Mild to medium 10/10 **£8.95**

TIKKA CHICKEN OR LAMB WITH PEPPERS & PINEAPPLE (Incl Rice or Naan) Marinated chicken or lamb pieces prepared in chopped peppers, ground cumins, corn oil, coriander and diced pineapple. Mild to medium ‘Very popular’ 10/10 **£8.95**

CHICKEN/LAMB IN HONEY BALTI SAUCE (Incl Rice or Naan) A dish prepared in rich sauce cooked with local honey and almonds, sultanas and Thayer's cream. Mild ' lovely' 10/10 **£8.95**

CHICKEN/LAMB IN COCONUT & ALMOND SAUCE (Incl Rice or Naan) This dish is prepared in a rich balti sauce with fresh grated coconut with almond flakes and coriander. Mild to medium, full of flavour. One to try 10/10 **£8.95**

TANDOORI LAMB CHOPS (Incl Rice or Naan) Pieces of lamb marinated in authentic tandoori sauce cooked in clay oven prepared with onions, mushrooms and tomatoes served with separate tamarind yogurt sauce and naan. **£8.95**

SIZZLING TANDOORI SPECIALS

Tandoori dishes are marinated in yogurt with herbs and spices and then cooked in a tandoori, served sizzling, with salad and mint sauce.

ALL DISHES SERVED WITH RICE OR NAAN BREAD

TANDOORI CHICKEN Half chicken on the bone marinated and barbecued over our flaming tandoor on skewers.	£8.50
CHICKEN OR LAMB TIKKA	£8.50
TANDOORI SHASHLEK A succulent mixed grill of chicken, lamb and shish served sizzling with sautéed onions and peppers, served with traditional naan	£9.95
TANDOORI KING PRAWNS	£9.95
Served with Rice or a Naan Bread	
SHEEK KEBAB	£8.50
KEBAB COCKTAIL	£9.95
Served with Rice or a Naan Bread. Seculant Meat Choice	